



## **Newsletter**

Phumelela is very excited to share achievements and updates with our followers and donors from July to September 2020.

# COVID 19 EMERGENCY RESPONSE

254

food parcels have been delivered to vulnerable individuals



836

the total number of people fed



29

people living with disabilities received medical equipment. The beneficiaries received 5 wheelchairs, 5 walking sticks, 4 linene savers, 16 packs of adult diapers(2 each) & 14 crutches(2 each)



27

people living with disabilities were given transport fee to seek medical assistance



**200 reusable facemasks and 200 sanitizers were also distributed to marginalized individuals.**



QUEEN'S  
COMMONWEALTH  
TRUST



Through a COVID-19 Emergency Grant from the **Queens Commonwealth Trust**, we undertook a three months project within the Mangwaneni community with the following key objectives:

1. To provide food security to vulnerable individuals/households.
2. To increase mobility and independence of people living with disabilities to reduce the risk of contracting COVID-19.
3. To prevent the spread of COVID-19.

Through delivering several activities, we further realized even more how disadvantaged people living with disabilities are in Eswatini and how fatigued their care givers feel. These beneficiaries are often forgotten, especially women and girls are at higher risk of Gender Based Violence.

---

## Community Sensitization

Phumelela facilitated two sensitizations in two communities with COVID-19 precautions in place.

The Sandleni community contacted us due to young people engaging in drug abuse, resulting in risky sexual behavior. Our counselor Nomthandazo and intern Daluthando talked to the community members, including the youth, about Gender Based Violence, as well as the causes and effects of drug use.



We further are in the process of starting youth empowerment clubs within the community to provide education on several topics, such as Sexual Reproductive Health and Gender Based Violence. The youth, between 10 and 25 years of age, will be divided into groups regarding their age and will have one vocal person each. The goal is the reduction

of school dropouts due to drug and substance abuse, Gender Based Violence and criminal activities. We further aim to enforce resilience and empowerment through counseling services.

The second sensitization was held in Nhlambeni, where our team was accompanied by a rehabilitated juvenile delinquent who spent most of his life in detention. Together they spoke to the youth about causes of crime and the effects and difficulties of life in prison.

---



## **NEW TEAM PLAYER**

**Menzi Nhlabatsi** is a young graduate with a Diploma in Business Management & Entrepreneurship from the Southern African Nazarene University, who will facilitate and oversee the COVID-19 Microbusiness project. Furthermore, he will develop a Monitoring & Evaluation system for Phumelela.

---

## COVID-19 Support: Microbusinesses

Our fundraising initiative on GoFundMe at the beginning of the pandemic raised funds to assist marginalized individuals from deprived communities with essentials, such as food parcels.

Due to the suspension of the full lock down, we concluded to use the remaining funds for individuals to start micro businesses since it promotes long-term sustainability. Beneficiaries are vulnerable people, with a focus on women, who have never started a business.



*Jabulile started a micro business*

*making liquid soap and fabric softener* Our new staff member Menzi Nhlabatsi is overseeing this

*in a marginalized community.*

project as a business mentor: he is guiding the beneficiaries in selecting an enterprise that is best positioned to flourish, taking into account the skill set, local market conditions, risk factors and profitability. Phumelela provides an initial cash grant as seed capital to start the business. This is followed by regular monitoring and guidance.

A small seed grant gives the business owners an immediate kick start in improving their family's standard of living. Profits generated from the business can be used to address family needs, such as food, medicine, school fees, etc.

---

## Internship with Phumelela

We welcomed two Social Work interns during the last three months:

**Daluthando Hlope** from the University of Eswatini and **Senamile Shongwe** from the Christian University of Eswatini. Both completed their final internship with Phumelela to graduate this year!

**We value your time and efforts and wish you all the best in the future!**



*Senamile Shongwe*



*Daluthando Hlope*

*Senamile: “Working with Phumelela has been a learning curve, it has highlighted the gaps in Eswatini and the work that still has to be done in relation to key/vulnerable populations, especially those living with disabilities and youth in relation to drug and substance abuse”*

---

## Our current donors:



## DONATIONS

### YOU CAN HELP MAKE A DIFFERENCE...

To contribute to our charitable works, we would appreciate your help and contribution.

#### For donations in Europe:

Account Name: Phumelela Project UK

Sort Code: 23-05-80

Account Number: 26221277

IBAN: GB91MYMB23058026221277

Bank: Metro Bank

#### For donations in Swaziland:

Account Name: Phumelela Project

Account Number: 9110000774351

Branch Code: 660564

Bank: Standard Bank

Or follow this GoFundMe link:

<https://www.gofundme.com/f/1z8tlm8jio>



*Copyright © 2020 Phumelela Project, All rights reserved.*

#### **Our mailing address is:**

Phumelela Project

P.O. Box 44, Manzini

Eswatini

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).

You are receiving this email because you have signed up for Phumelela's newsletter. We thank you for your support!