

# Newsletter

A snapshot of Phumelela Project's activities, achievements and updates from April to June 2022.



**Trauma Counselling Training** (L-R) Lindelwa Maseko, Tjengisile Shongwe, Nobuhle Mabila ,Sipho Simelane , Rachel Palmberg (Facilitator)

Our team member Rachel Palmberg, who is a Crisis Response and Trauma Counselor, faciltated a trauma counselling training for Survivor Eswatini. We are looking forward to this exciting partnership!



The Taiwan Fund for Children and Families, invited us to facilitate a training on positive parenting to care point caregivers in Manzini, Mbabane and Nhlangano.



The second episode of a two-part podcast (funded by the UK High Commission) hosted by Phumelela Projects' Senior Counselor (Nomthandazo Dlamini) who is joined by two other guests in a discussion that takes a closer look at Gender Based Violence and Covid-19.



A mental health sensitization was held at "Roots Civil & Construction Works" and "YKK Africa" to promote the idea of mental health and to reduce stigma around this topic.



Male beneficiaries often prefer talking to another male because it makes them more comfortable, which is why we are excited to welcome social worker Abel Kamuloni, who is currently volunteering with us.

# Our donors:





British High Commission Mbabane









QUEEN'S Commonwealth Trust



## DONATIONS

#### YOU CAN HELP MAKE A DIFFERENCE...

To contribute to our charitable works, we would appreciate your help and contribution.

### For donations in Europe:

Account Name: Phumelela Project UK Sort Code: 23-05-80 Account Number: 26221277 IBAN: GB91MYMB23058026221277 Bank: Metro Bank

#### For donations in Eswatini:

Account Name: Phumelela Project Account Number: 9110000774351 Branch Code: 660564 Bank:Standard Bank

Or follow this GoFundMe link: <u>gf.me/u/zr84zs</u>



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